



Dear Therapists .

Biotech in association with Thera-Band Academy (USA) is proud to announce a one day , hands on Thera-Band work shop on **“Bands, Balls & Balance - Evidence-based Progression of Elastic & Proprioceptive Exercises”**

The BBB course is a scientific approach to the basics & application for using the Bands, Balls & balance trainer. Steeped in didactic lectures followed by a totally practical workshop. **A Kit including a Thera-Band (worth approx . Rs. 400/-) and a Certificate from “Thera-Band Academy ” would also be provided.**

This work shop is conducted on the same lines as that conducted in USA.

This work Shop will be conducted by Dr. Phil Page , who is a master trainer & Director of Education and Research at Theraband academy , USA

Objective of this work shop is to :

1. Understand the scientific basis for elastic resistance exercise prescription and progression
2. Demonstrate the appropriate use of elastic resistance devices , stability Trainers , Balls etc
3. Understand the scientific basis for proprioceptive training and progression
4. Demonstrate appropriate use of proprioceptive training devices

Date of work shop :

Pune : Saturday - 4th September 2010 , at Deenanath Mageshkar Hospital.

Mumbai : Sunday 5th September 2010 at Holy Family Hospital , Bandra (West)

Fees : Rs. 2500/-

Please note this work shop is an hands-on workshop and there are limited seats , so register early to avoid disappointment .

Looking forward to your participation .

Deepak Shah

CEO / Bio-Tech

Marketing Office :

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REGISTRATION FORM

Thera-Band work shop on “Bands, Balls & Balance - Evidence-based Progression of Elastic & Proprioceptive Exercises”

PLEASE FEEL UP THE FORM BELOW IN CAPITAL LETTERS AND SUBMITT IT ALONG WITH YOUR PAYMENT. This information will be used for preparing the Certificate . No changes in the certificate will be done .

Pune 4th Sep

Mumbai 5th Sep

Name: _____

Profession: _____

Place of Employment: _____

Preferred Address: _____

Mobile Phone: _____

Email: _____

Methods of Payment: Cash / Cheque / DD Amount Rs.: 2500/-

Make cheque or D.D payable at Mumbai to: **Bio-Tech (India) and send it to :**

**M/s Biotech , 15, Kanal Industrial Estate, Daulat Nagar Road No6, Borivali (East) ,
Mumbai 400 066**

Cheque No. or D.D No. : _____ Bank Name and Branch. : _____

Please make sure to wear loose fitting, conformable clothes to allow you to participate in workshop.

Signature of Participant